

211 Orange County	211 or (949) 646-4357
1505 E. 17th Street, Suite 108	Santa Ana, CA 92705
http://www.211oc.org/	info@211oc.org
Are you or is someone you know dealing with financial difficulties? Need help with rent or utilities? In need of child care or seeking help with an aging parent? Looking for affordable housing, medical care or after school programs? Dial 2-1-1 to get assistance with all of these areas and much more! Does not accept walk ins, please call	
BBK Results Oriented Therapy	(714) 543-0483
23461 South Pointe Drive, Ste. 175	Laguna Hills, CA 92653
ww.bbkps.com/	info@bbkps.com
Services: Couples Therapy, Group Therapy, Parental Counseling, Community Workshops, Grief Recovery Workshop, Gay & Lesbian Counseling, Individual Therapy, Family Therapy	
Specialties: Grief & Loss, ADHD, Eating Disorders, Depression & Anxiety, Parental Skills Training, HIV & AIDS, Child Abuse & Domestic Violence, PTSD, Asperger & Autism Spectrum, Substance Abuse & Addiction, Terminal & Chronic Illness Therapy	
Group Session available in: Adolescent, Children, Men, Women, Mothers with Special Needs Children & Social Skills	
California Youth Services	(949) 303-9016
23282 Mill Creek Drive, Suite 130	Laguna Hills, CA 92653
http://www.calyouthservices.org/	
Services: Pathways Community Counseling Center - affordable counseling services; The Juvenile Alcohol & Drug Education - provides education and intervention for adolescents and their parents; Decisions - Legal awareness program was created in order for adolescents to get a very realistic understanding of the direction that criminal behavior, poor decision making and poor friend choices can take on the course of their lives, participants learn about incarceration, probation, court process and their legal rights and responsibilities.	
CARE Counseling Center	(714) 836-9900
1614 East 17th Street, Suite D	Santa Ana, CA 92701
www.carecounseling.net	info@carecounseling.net
Individual, couple, family, and group counseling in areas of domestic violence, victims of violent crimes, child abuse, parenting, anger management, substance abuse, eating disorders, grief recovery	
Casa de la Familia	(714) 667-5220
1650 East 4th Street, Suite 101	Santa Ana, CA 92701
www.casadefamilia.org	info@casadelafamilia.org
Provides counseling for those who have experience a psychological trauma. Offers individual, couples, family and group counseling	
Catholic Charities of Orange County, Inc.	(714) 347-9674
1800 East 17th Street	Santa Ana, CA 92705
www.ccoc.org	receptionist@ccoc.org
Provides professional individual and group counseling services, parent education services and family enrichment programs. Areas of specialization include personal empowerment (domestic violence, anger management) and bereavement counseling	
CHEC Family Resource Center	(949) 489-7742
27412 Calle Arroyo	San Juan Capistrano, CA 92675
www.mission4health.com	
Services: Parent education classes, support groups, counseling services, teen programs, health & safety programs and information & resources. Programs offered in English & Spanish.	

Child Guidance Center	(714) 953-4455
525 Cabrillo Park Drive, Suite 300	Santa Ana, CA 92701
www.cgcoc.org	Intake Coordinator - Norma Guerrero
Sliding scale fee based & accepts most insurances	
Services: Evaluation/Crisis Intervention, Individual, family & group therapy; Trauma-Focused Cognitive Behavior Therapy; Positive Parenting Program; Psychological Assessment; Peers Program (Autism Spectrum); Parenting Seminars & Classes; Medication Services; Military & Veteran Family Treatment	
The Chicago School's Irvine Counseling Center	(949) 769-7747
4199 Campus Drive, University Tower, Suite E	Irvine, CA 92612
http://counseling.tcscenters.org/	
low fee counseling center	
The Community Resource Center of San Clemente	(949) 303-0353
119 N. Avenida de la Estrella	San Clemente, CA 92672
www.crcsc.org	info@crcsc.org
Support groups, youth, individual, couples and family counseling; wellness workshops and classes; substance abuse prevention - AA, Al Anon, and NA Support Group; Access to clinics and referrals; parenting classes	
CUSD Family Resource Center	(949) 234-5597
1101 Calle Puente, Room 1	San Clemente, CA
http://capousd.ca.schoolloop.com/cms/page_view?d=x&piid=&vpid=1319982511964	
Parenting Classes and resources for counseling, educational workshops, and family support services available	
Family Assessment Counseling & Education Services (FACES)	(714) 447-9024
25231 Paseo De Alicia, Suite 108	Laguna Hills, CA 92653
www.facescal.org	
Group and individual counseling sessions for children/adolescents/adults, couples counseling, parent/child counseling, co-parenting counseling, reunification counseling (parent/child). Individual counseling specializing in post-divorce, family issues, identity problems, stress problems, depression, anxiety, anger, substance abuse, and family violence	
Families Forward	(949) 552-2727
8 Thomas	Irvine, CA 92618
www.families-forward.org	info@families-forward.org
Counseling for all families on a sliding scale based on family income. Short-term (approximately 3 months), solution based program for individual counseling. In addition, has programs to assist families in transition and at risk for becoming homeless such as job launch workshop, food pantry, referral services, transitional housing, and other programs.	
Kinship Support Services	(714) 543-5437
2130 West Fourth Street, Suite 200	Santa Ana, CA 92705
www.olivecrest.org	kinship@olivecrest.org
If you are a grandparent, aunt, uncle, sibling, extended family member, or family friend who is raising your relative's child, free support and resources are available to you. Services offered include: Mentorship and advocacy, caregiver and teen support groups, workshops, and family focused events, tutoring and emotional support for your and your children, community resource information including counseling services, support for permanency plan for the child in your care, legal guardianship assistance.	

Laguna Behavioral	(949) 367- 1200
28281 Crown Valley Parkway, Ste. 140	Laguna Niguel, CA 92677
www.lagunapsychiatrist.com/	info@lagunabehavioral.com
Outpatient Psychiatric Clinic: Children, Adolescent & Adult	
Specializing in the treatment of: medication management, individual psychotherapy, ADD-ADHD testing & treatment, family therapy, couples therapy, learning disability evaluation, anxiety, phobia, panic disorder, bi-polar disorder, eating disorders, binge eating disorder, compulsive eating, PTSD, Alcohol/Drug Dependency, Psychosis, Accepts: Blue Cross, Blue Shield, Pacific Care, United Healthcare, Cigna, Aetna PPO, TriCare, Health Net PPO,	
2 Adult Psychiatrists, 1 Child & Adolescent Psychiatrists, 5 Therapists, 2 Therapist/Psychologist, 1 Registered Dietitian, 1 Specialist in Neurological Testing	
Mariposa Women & Family Center	(714) 597-6494 or (949) 429-6888
812 West Town and Country Road	Orange, CA 92868
29222 Rancho Viejo Rd	San Juan Capistrano, CA 92675
www.mariposacenter.org	info@mariposacenter.org
Counseling for individuals, couples, children, groups and families, Crisis intervention, Domestic violence education and counseling, Loss of a relationship support group, Parenting classes, Strategies for coping with anger, Support groups for survivors of sexual abuse, Grief and bereavement counseling, Stress management and life skills training, Spanish speaking classes/groups, FREE child care services, Provides a group for women who have experienced domestic violence. Women's outpatient substance abuse program, Women's aftercare program, Women's substance abuse extended care program, Adolescent substance abuse program, Adolescent drug diversion program, Men's programs - TBD, Group Counseling includes - Adolescent girl's eating disorder process group, Beyond trauma,	
OC Links	(855) OC-LINKS [625-4657]
http://ochealthinfo.com/bhs/about/pi/oclinks/	
The OC Links Information and Referral Line provides telephone and online support for anyone seeking information or linkage to any of the Health Care Agency's Behavioral Health Services. These services include children and adult mental health, alcohol and drug inpatient and outpatient, crisis programs, and prevention and early intervention services. Callers can be potential participants, family members, friends or anyone seeking out resources, or providers seeking information about Behavioral Health programs and services. Trained Navigators provide information, referral, and linkage directly to programs that meet the needs of callers.	
Pepperdine Resource, Youth, Diversion, and Education (PRYDE)	(949) 425-1911
gsep.pepperdine.edu/pryde/	
PRYDE is a prevention, intervention and counseling program available for little or no cost to at-risk youth and their families in the following cities: Aliso Viejo, Dana Point, Laguna Hills, Laguna Niguel, Launa Woods, Lake Forest, Mission Viejo, Rancho Santa Margarita, San Clemente, San Juan Capistrano, Stanton & Villa Park	
Pepperdine University Community Counseling Center	(949) 233-2570
18111 Von Karman Avenue, Suite 401	Irvine, CA 92612
http://gsep.pepperdine.edu/about/clinics/irvine/	
low fee counseling center	
Pilgrimage Family Therapy Center	(949) 460-5320
23201 Mill Creek Drive	Laguna Hills, CA 92653
low fee counseling center	

South Orange County Family Resource Center	(949) 364-0500
23832 Rockfield Blvd., Suite 270	Lake Forest, CA 92630
www.socfrc.org/	
Services: Brief individual, couples and family counseling in English & Spanish	
Life Skills Program: ongoing 6 week program that includes the following topics: self-esteem, anger management, communication, depression and healthy relationships; Family Advocacy: provides short term support by providing information, referrals and education on accessing community resources & services. Health Care Access Program: services in the center or at your home at no cost. For families with children 0-5 needing application assistance for Healthy Families or Medi-Cal health insurance.	
Turning Point for Families	(714) 547-811
2101 East Fourth Street, Suite 150B	Santa Ana, CA
www.turningpointsantaana.org	tpcff@sbcglobal.net
Provides group counseling in teen anger management (14-17), teen substance abuse (14-17), youth anger management (9-13), Teen Life & Social Skills (14-17). Youth Diversion Program, Student Assistance Program, Adult Counseling Groups, & Community Collaboratives.	
Western Family Services	(949) 900-3242
Sliding scale, no insurance	
Western Youth Services	(949) 595- 8610
26137 La Paz Road, Suite 230	Mission Viejo, CA 92691
www.westernyouthservices.org	info@westernyouthservices.org
Services Include: case management services, individual short term intervention services, individual, family and group therapy, parent-child interaction therapy, psychological testing & rehabilitation services, Medi-Cal Only	

COMMUNITY RESOURCES: The referrals listed are not sponsored, endorsed, supported or specifically recommended by the Capistrano Unified School District or any of its employees. The referrals are provided as a community service based on information gathered from the providers or other sources. The District has not done any independent investigation or evaluation of any resource and does not take any responsibility for the quality or competency of the services provided.