

CUSD Community Resource List

Parenting Classes

CHEC Family Resource Center	(949) 489-7742
27412 Calle Arroyo	San Juan Capistrano, CA 92675
www.mission4health.com	
Services: Parent education classes, support groups, counseling services, teen programs, health & safety programs and information & resources. Programs offered in English & Spanish.	
Child Guidance Center	(714) 953-4455
525 Cabrillo Park Drive, Suite 300	Santa Ana, CA 92701
www.cgcoc.org	Intake Coordinator - Norma Guerrero
Sliding scale fee based & accepts most insurances	
Services: Evaluation/Crisis Intervention, Individual, family & group therapy; Trauma-Focused Cognitive Behavior Therapy; Positive Parenting Program; Psychological Assessment; Peers Program (Autism Spectrum); Parenting Seminars & Classes; Medication Services; Military & Veteran Family Treatment	
The Community Resource Center of San Clemente	(949) 303-0353
119 N. Avenida de la Estrella	San Clemente, CA 92672
www.crcsc.org	info@crcsc.org
Support groups, youth, individual, couples and family counseling; wellness workshops and classes; substance abuse prevention - AA, Al Anon, and NA Support Group; Access to clinics and referrals; parenting classes	
Crittenton Services for Children and Families	(714) 680-9000
801 E. Chapman, Suite 203	Fullerton, CA 92831
www.crittentonsocal.org	
Teen pregnancy prevention and care for teen moms and babies. Provides pre-natal care, parenting classes, pre and post-delivery. PACE has parenting classes and birthing coaches. Outreach program for teen moms after they leave residential program.	
CUSD Family Resource Center	(949) 234-5597
1101 Calle Puente, Room 1	San Clemente, CA
http://capousd.ca.schoolloop.com/cms/page_view?d=x&piid=&vpid=1319982511964	
Parenting Classes and resources for counseling, educational workshops, and family support services available	
Mariposa Women & Family Center	(714) 597-6494 or (949) 429-6888
812 West Town and Country Road	Orange, CA 92868
29222 Rancho Viejo Rd	San Juan Capistrano, CA 92675
www.mariposacenter.org	info@mariposacenter.org
Counseling for individuals, couples, children, groups and families, Crisis intervention, Domestic violence education and counseling, Loss of a relationship support group, Parenting classes, Strategies for coping with anger, Support groups for survivors of sexual abuse, Grief and bereavement counseling, Stress management and life skills training, Spanish speaking classes/groups, FREE child care services, Provides a group for women who have experienced domestic violence. Women's outpatient substance abuse program, Women's aftercare program, Women's substance abuse extended care program, Adolescent substance abuse program, Adolescent drug diversion program, Men's programs - TBD, Group Counseling includes - Adolescent girl's eating disorder process group, Beyond trauma, Friends and family members of addicts support group, Women in Military (San Juan Capistrano)	

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The Parent Project	(949) 283-0039 - Michael Woodroof
34052 Del Obispo Road (Dana Hills Community Center)	Dana Point, CA
www.parentproject.com	mwoodroof@ocsd.org
9/2/15 - 11/4/15 (10 Sessions - Wed. Nights)	6:00 pm - 9:00 pm
\$25 per person. Cost include course materials.	
The Parent Project, OCSD	(949) 361-8366
www.parentproject.com	Janet Dunford or Steve Barnardi
call or visit website for more information on current class offerings	
Parent-training programs for parents raising difficult or out-of-control children. Committed to providing highly effective programs that are affordable for every parent. Classes include Parent Project Jr./Loving Solutions - parents of 5-10 year olds with special applications for the parent of a child with ADD/ADHD & Parent Project Senior is designed to provide classroom instruction for parents needing help with their 11-19 year olds	
The Raise Foundation: Irvine	(949) 757-3635
1920 E. Warner Ave, Suite A	Santa Ana, CA 92705
www.theraisefoundation.org	
Agency provides resources to build better parents. Offers parent education programs	
Turning Point for Families	(714) 547-811
2101 East Fourth Street, Suite 150B	Santa Ana, CA
www.turningpointsantaana.org	tpcff@sbcglobal.net
10 week group parenting classes for all ages, educationa, parenting strategies and parents in crisis	

COMMUNITY RESOURCES: The referrals listed are not sponsored, endorsed, supported or specifically recommended by the Capistrano Unified School District or any of its employees. The referrals are provided as a community service based on information gathered from the providers or other sources. The District has not done any independent investigation or evaluation of any resource and does not take any responsibility for the quality or competency of the services provided.